

BACKSTAGE CULTURE

PACKING LIST FOR TOUR BUS TOURING TEMPLATE Summer 2022

Backpack or Purse		
Qty	Item	Notes
1	Passport	
1	Phone	
1	Laptop	If you need it
Min 2	Phone Charger	
1	Mophie	(any mobile power bank)
	USB Wall Plug	Enough to charge everything you need at once
1	Headphones	I carry 2, wired and wireless
2	Sharpies	That you never share
10	Advil or Tylenol	
10	Benedryl or dramamine	
1	Sanitizer	Wipes or liquid
1	Deoderant	

Toiletries		
Qty	Item	Notes
2	Toothbrush	Have at least 1 backup
1	Toothpaste	Fullsize but under 100ml
1	Deoderant	Yes, a second one
1	Soap/Loofah	Or bars if you're wild
1 Each	Shampoo/ Conditioner	See Article - 1 Full size of each in luggage
1	Hair Product	
1	Cologne	Or perfume
1	Grooming	Tweezers/Manicure kit
1	Grooming	Shaving Accessories
1	Floss Picks	1 pack

Duffel Bag		
Qty	Item	Notes
4	Socks	Or to get you to next day off
4	Underwear	Or to get you to next day off
4	T-Shirts	Or to get you to next day off
2	Slides	Shower plus something for the bus

Luggage		
Qty	Item	Notes
12	Socks	12 Day Rule
12	Underwear	12 Day Rule
12	T-Shirts	12 Day Rule
5	Overshirts	Polos, Hoodies, etc
3 or 4	Pants	Pants/Shorts/Jeans
		If you shower before bed. If not, bring more
3	Sleepwear	
2	Shoes	Gym Shoes, Gig Shoes
1	Laundry Bag	

Extra Items (If they fit)		
Qty	Item	Notes
1	Sunscreen	50+ UPF - Sunbum 50 is great
1	Hat	At least for the sun
1	Lip balm	Burts bees
1	Melatonin	Olly Gummies 3mg
1	Essential oils	If it helps you
1	Gold Bond	For gig butt or gnarley feet
1	Carabiner	So you can wear your pass like a pro
1	Lotion	For hands or body
1	Ear Plugs	Moulded are great. Foam are fine

*** Give your friends and family a hug. If you have a pet, give them double what you give everyone else.
You're gonna do great. Have Fun!